

October 2025

Welcome to the Tawatinaw Valley Freeriders! We are excited to welcome back athletes who have participated in our programs and those new to the club. Our Freestyle Canada-certified coaches are very familiar with our local Tawatinaw Valley ski hill and the programs they coach. The program descriptions below represent our usual programming.

Registration for all our programs will open October 2025 and officially close December 1, 2025. Please note that ALL fees will increase by an additional \$50 after October 31, 2025. Early registration and payment allow us to better gauge athlete numbers and secure the appropriate coach to athlete ratios.

Online Registration and Payment: Registration will be completed online through SnowReg which includes payment. Contact registrar@tvfr.ca if you have any questions about registration.

Please find our registration at the following link:

Tawatinaw Valley Freeriders (Freestyle) - 2025/2026 | SnowReg

2025/2026 Winter 'On Snow' Programs

Jr. FUNdamentalz, FUNdamentalz, Freestylerz, & Development Team

ALL athletes require a mandatory, 2025/2026 Freestyle Canada/Freestyle Alberta membership to participate in any freestyle ski training, including airbag training at <u>Evolution Freestyle</u>. Membership rates vary based on the Athletes level. Memberships will automatically be added to your cart when you register for the on-snow program.

First time registration? Please note that while we are not a learn to ski program, children that can snowplow a green run and ride the T-bar can become Freeriders, particularly in the Jr.

FUNdamentalz group. Please contact <u>info@tvfr.ca</u> if you would like to discuss the potential fit for your child in one of our programs.

Program Descriptions

Junior FUNdamentalz (Age 5+)

This full day program is designed for beginning freestyle skiers age 5+. The focus of this program will be on developing the skills of the skiers to allow them to parallel ski down a blue/black run, which is the minimum requirement to join FUNdamentalz.

Skiers must be able to ride a T-Bar independently.

Saturdays 10 am – 3pm Beginning at the start of January to mid-March, weather permitting Cost: \$515 - (regular price \$715 with a \$200 rebate supported by Every Kid Can Play grant) Approximately 10 sessions

FUNdamentalz (Age 5+)

This full day program is designed to give young skiers age 5+ an introduction to the skills of freestyle skiing in a safe and fun environment. Focus is on development of carving turns with introduction to basic jumps, moguls and the terrain park; FUNdamentalz is all about safely building freestyle skills and skiing with friends. Skiers may opt, if approved by their coach, to enter club competitions.

Skiers must be able to parallel ski down a blue/black run and ride a T-Bar independently.

Saturdays 10 am – 3pm Beginning at the start of January to mid-March, weather permitting Cost: \$515 - (regular price \$715 with a \$200 rebate supported by Every Kid Can Play grant) Approximately 10 sessions

Freestylerz (Saturday OR Saturday and Sunday)

In this full day program, the focus is on progression to more advanced, competitive, and refined skills in moguls, slopestyle (terrain park) and halfpipe (when available). An emphasis on strong turning and takeoff basics provides the foundation to safely launch spins and inverted maneuvers off jumps in moguls and on our slopestyle course. Skiers may opt to enter club competitions, and work towards provincial/national-level competition at the discretion of the head coach.

This program will be offered as a 1-day on-snow program (Saturday) or 2-day (Saturday and Sunday) on-snow program, with an option of fall dryland training at <u>Evolution Freestyle</u> (additional costs apply, see below).

Fall dryland training will take place at <u>Evolution Freestyle</u> (1 km south of the Tawatinaw Ski Hill) and will include ramp and airbag use, trampoline use, conditioning, and other activities.

Please note that it is highly recommended that athletes who are looking to advance their skills and/or compete at club or provincial competitions attend the fall dryland training.

As athlete safety is our number one priority, without this additional training and conditioning, coaches may be required to limit tricks and/or features that athletes can partake in.

Saturdays Only 10 am – 3pm Beginning at the start of January to mid-March, weather permitting

Cost: \$515 (regular price \$715 with a \$200 rebate supported by Every Kid Can Play grant) Approximately 10 sessions

Saturdays and Sundays 10 am - 3pm

Cost: \$980 (regular price \$1380 with a \$400 (\$200 per day) rebate supported by Every Kid Can Play grant)

Approximately 20 on-snow sessions beginning mid-December until mid-March, weather permitting.

NOTE: Evolution Freestyle Dryland Training will have an additional cost, please see below

Freestylerz Development (Saturday and Sunday)

In this full 2-day program the focus is on progression to more advanced, competitive, and refined skills in moguls, slopestyle (terrain park) and halfpipe (when available). An emphasis on more advanced tricks and more detailed refinement of certain tricks.

Athletes who have been approved by the head coach for this program must register for Saturday and Sunday training and fall dryland training at Evolution Freestyle (additional costs apply, see below).

Optional training opportunities for Freestylerz/Development athletes may take place at other ski hills/venues on select training days (ex. Canyon, Winsport, Lake Louise). Please

note these training opportunities are optional and not mandatory to the program. Additional coaching fees may apply, travel costs not included.

Saturdays + Sundays 10 am – 3 pm

Cost: \$980 (regular price \$1380 with a \$400 (\$200 per day) rebate supported by Every Kid Can Play grant)

Approximately 20 on-snow sessions beginning mid-December until mid-March, weather permitting.

Fall Dryland Training (Open to all athletes – mandatory for Freestylerz Development)

Evolution Freestyle

Evolution Freestyle provides a safe venue for athletes to learn to inverted freestyle ski tricks. Our non-profit facility follows the Canadian Freestyle Ski Association (CFSA) aerial regulations and qualifications manual ARQ for sanctioning. Evolution Freestyle is an innovative facility that allows athletes to train year-round to master skills in a safe environment, and to gain flexibility and strength to prevent injury. Please visit their website here for more information. Dyrland pre-season training is held every year at Evolution Freestyle, located 1 mile south of the Tawatinaw Valley Ski Club.

Evolution Freestyle - \$360 for 4 sessions (mandatory for Development athletes) Nov 2 (Half Day & Full Day available on this day only)

Nov 9, Nov 16, and Nov 23

Single sessions - \$100/date - Optional for all other registration levels - recommended for Freestylerz athletes.

***If you are new to Evolution Freestyle and Air bagging you can sign up for a half day of training on Nov 2nd for \$45. ***

Please note that TVFR rents the facility for exclusive club use on these dates. There are additional fall dryland training opportunities offered directly through Evolution Freestyle (see their website for details, evofreestyle.wixsite.com/evolution). Training at Evolution Freestyle will still take place during inclement weather; therefore, athletes should be prepared and bring proper clothing for the conditions that day. Links for Dryland training will be sent out in after registration is received.

** Reminder ** All athletes participating in air bagging at Evolution Freestyle must have a current Freestyle Canada/Freestyle membership. No exceptions.

Please register HERE for fall dryland dates:

Tawatinaw Valley Freeriders 2025 Fall Dryland Training | SnowReg

** Reminder ** All athletes participating in air bagging at Evolution Freestyle must have a current Freestyle Canada/Freestyle membership. No exceptions.

Important Details and Considerations

The cost of the programs for the 2025-2026 ski season INCLUDES:

- Weekly training/coaching as per the registered program at Tawatinaw Valley, weather permitting
- Coaching costs for competitions attended with approval of the TVFR coaches. Athletes signed up for Saturday and Sunday training will have coaching covered when approved to attend Provincial Competitions. Other athletes will have to pay the standard daily drop-in fees to cover the costs of each day of Provincial Competition level coaching.
- Athletes signed up for Saturday training will have coaching covered for Club Level Competitions when approved to attend Club Competitions. Other athletes will have to pay the standard daily drop-in fee to cover the costs of each day of comp coaching.

The cost of the programs DO NOT INCLUDE:

- Mandatory Freestyle Canada/Freestyle Alberta athlete membership for all TVFR members
- Lift tickets Equipment rental/purchase
- Competition registration fees (including TVFR club competition) and supplemental training venue fees Personal costs associated with attending a competition or other training events (travel, hotel, food, banquets etc.)

<u>Early Season Camp</u> - Let's get our ski legs back at a fun camp with our coaches! This mountain camp is open to all TVFR athletes, new and returning. New athletes and those registered at the Jr. FUNdamentalz, FUNdamentalz level must have a parent available to ski with and accompany your child on-snow until they are assessed for skill and ability by our coaches, and as required.

December 6th and 7th, 2025

Location: Marmot Basin, Jasper, Alberta

Cost: To be determined, estimated at \$150-175 Registration information to follow. Please indicate your interest in attending this camp on the registration page as it helps us gauge interest and secure appropriate coach numbers.

Please express your interest upon registering for the season (the SnowReg process will ask you) and we will follow up shortly with more details regarding this camp.

Fundraising/Volunteer Commitments:

TVFR is a non-profit society. We depend on the fundraising and volunteer contributions of our members to keep our program fees, competitions and sport opportunities affordable and accessible to as many young athletes as possible. As such, please carefully review our fundraising and volunteer requirements outlined below, as well as the deposit cheques/deadlines required.

Fundraising Activities:

We kindly ask that each TVFR family supply a \$250 fundraising deposit cheque on the first day of training. This cheque will be returned/destroyed following the completion of your fundraising requirements. It is expected that each family raises \$200 in funds for the club, this is take home profit (e.g. \$400 of 50/50 tickets to raise \$200 profit for club). We intend to run another 50/50 raffle and we will offer other to be determined opportunities to raise these funds. A failure to fulfill this commitment will result in your cheque being cashed. If you would prefer, you may elect out of fundraising commitments by providing the \$250 fee upon registration. Please contact treasurer@tvfr.ca when registering your athletes to arrange payment.

Volunteer Commitment Hill Crew/Volunteer requirements:

TVFR depends on the volunteer contributions of our members to keep our athletes safe on the hill. We kindly ask that each TVFR family supply a \$250 volunteering deposit cheque on the first day of training. This cheque will be returned/destroyed following the completion of your volunteering requirements. As they develop their skills and practice tricks on the hill, landing on loose snow is essential for maintaining control, and to minimize the potential for injury in the event of a fall. The hill's groomer maintains all of the areas that are accessible, however the jump landings must be chopped, and fencing/courses maintained prior to use each training day. As such, we require five (5) parents per training day to fulfill these roles under the supervision/direction of our hill crew coordinator. This is a fun activity that enables

parents to get to know each other and get a little bit of exercise. Signup will be available online only and will be emailed out prior to the first day of training. Each family will be required to fulfill a certain number of volunteer shifts per season. The number of shifts will depend on the number of families registered for the season. This will be sent out in an early email.

**Volunteers are also asked to obtain a Volunteer Membership from Alberta Freestyle Association for insurance purposes. The membership fee is FREE but must be purchased through their website at Freestyle Alberta - 2025/2026 Memberships | SnowReg

Please note it is important to track volunteer shifts. Please sign up in advance and check in with the coordinator. While many like to go above and beyond, be sure to communicate any additional shifts with the coordinator to ensure all have an opportunity to fulfill their commitments.

IMPORTANT INFORMATION: Club Competition March 2025 Volunteering and Fundraising:

This season is an especially exciting year as we will be hosting a Club Competition for our club level (Jr Fundamentalz, FUNdamentalz and Freestylerz) athletes. This is a great opportunity for young athletes to experience competition with athletes from other clubs in their age category. It also presents an excellent showcase for the Tawatinaw Valley Ski Club and our Tawatinaw Valley Freeriders club.

To run a successful competition there is an expectation that each family volunteers for at least one position during the 3-day weekend. If this is not completed, then your volunteer cheque will be cashed. Although the organization and execution of such an event take an enormous amount of effort on part of our group, it serves as a substantial fundraiser as well. Each family will also be required to donate an item to our silent auction valued at \$50 (minimum), or a cheque in that amount so an item can be purchased on your behalf. If this is not completed your volunteer cheque will be cashed.

Alberta Winter Games Information: Freestylerz and Freestylerz Development athletes will have the opportunity to compete at multiple Provincial level events across the province and some athletes will be eligible to compete at the Alberta Winter Games held this year in Cold Lake. *NOTE - Additional costs will apply for competitions*

Casino Volunteering:

TVFR will have an opportunity to fundraiser with a casino in St. Albert next year. We ask that families contribute one person or designate to help us fulfill the volunteer shifts during a casino year. This will occur in 2026.

Building Moguls:

There will be a volunteer call-out close to the beginning of the season regarding the building of our mogul course. Many hands make light work, and all available parents are encouraged to attend.

Additional Fees and Policies Freestyle Canada/Freestyle Alberta Membership

ALL athletes require a mandatory, 2025/2026 Freestyle Canada/Freestyle Alberta membership to participate in any freestyle ski training, including airbag training at Evolution Freestyle.

Please use the link here: Freestyle Alberta - 2025/2026 Memberships | SnowReg

Athletes who do not have a current membership will not be permitted to train. No exceptions. Freestyle Canada/Freestyle Alberta memberships can be obtained online at the time of registration. Please DO NOT leave this to the last couple days before training commences. There are frequently problems with the website and registrations. Please print a copy of the payment confirmation and bring it to the first day of any training. If it is easier, you can forward your confirmation to registrar@tvfr.ca so that we have a copy on file. If you are unfamiliar with the process of obtaining a Freestyle Canada/Freestyle Alberta membership, please contact the registrar@tvfr.ca) who will be able to send out a step-by-step guide.

Multiple Club Athletes - Some of our existing and new athletes are registered in programs with multiple freestyle clubs. These athletes need to make known the club they designated on their Freestyle Alberta membership. Ultimately, only one club can be designated, and this is the only club that the athlete is eligible to compete for. Therefore, to assist the TVFR club with planning and coaching resources for all competitions, athletes must indicate their designated club information to the registrar (registrar@tvfr.ca) upon registration.

Please note the following additional policies/information

Sickness:

If you are sick or feeling unwell, please stay home until your symptoms are gone.

New athletes:

If the participant is a new athlete in our Jr. FUNdamentalz or FUNdamentalz programs, we require that a parent/guardian 18 years of age or older be available to ski with and be responsible for the athlete on the first day of training (and as needed through the season) until the coach has an opportunity to assess and evaluate their skiing abilities.

Assessment Day:

During the first week of on-snow training, the coaches will assess and evaluate the participants to determine if they are registered in the most suitable program. Should the coaches determine that the participant is better suited to a higher program or requires more skill development, the participant will be offered the opportunity to join another group as deemed appropriate.

Refunds:

Should an athlete choose to withdraw from a TVFR program prior to the commencement of training, a 10% administration fee will be applicable. If withdrawing during the first two weeks of training, 75% of the registration fees paid to TVFR will be refunded. After the first two weeks of training, fees are non-refundable. There will be no refunds for sessions missed due to illness.

Family Discount:

If a family registers 3 or more athletes, a discount will apply on SnowReg upon checkout.

Cold Weather Cancellation:

Training will be canceled when the hill is closed due to temperature or other factors. Every effort will be made to reschedule training. However, if this is not possible refunds will not be provided. Cancellations will be shared via email or What's App by 8:00 am of any cancelled days.

Minimum Age Requirement:

In order to comply with insurance requirements, Freestyle Canada/Freestyle Alberta member clubs may only register athletes for sanctioned program who are 5 years of age and older. Athletes must turn 5 years of age on or before November 15th of the year that is the start of

any given ski season i.e. for the 2025 - 2026 ski season, the athlete must turn 5 years of age by November 15^{th} , 2025.

Team Wear:

Please see the TVFR website link for all club information, including a link to our team store

All Products | freeriders

Last note:

Athletes will receive 2 additional documents to sign on the first day. These documents include a pre-season concussion awareness and education sheet, as well as an athlete code of conduct. Both documents must be signed by all athletes and parents before training commences on the first day.

Please direct any questions to registrar@tvfr.ca
We are looking forward to a great 2025-2026 season of skiing!

Additional Resources about the Freestyle Skiing and Athlete Development:

Freestyle Alberta and Freestyle Canada have developed resources to help understand the freestyle athlete developmental pathways. Please have a read of these pages for more information, and some highlight excerpts pasted into this document that help explain the difference between Club and Provincial events and athlete profiles. Please feel free to reach out to Coaches and Board Members to discuss further.

Athletic Pathway on Freestyle Alberta website: https://freestylealberta.ski/athletic-pathway/

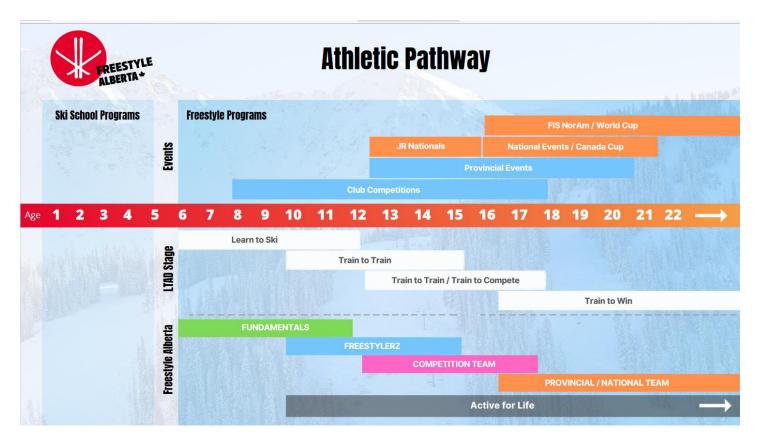
Development stream explained

https://freestylealberta.ski/wp-content/uploads/2024/07/FA Pathway v2June11-24.pdf

2024-2027 Freestyle Alberta Strategic Plan:

https://freestyleab.wpenginepowered.com/wp-content/uploads/2023/09/FREESTYLE-ALBERTA-STRATEGIC-PLAN-2024-2027.pdf

The following are excerpts from https://freestylealberta.ski/athletic-pathway/



Club Competitions

Purpose

- * Introduction to the competition environment
- * Experience other resorts, venues, and facilities and meet peers
- * Strengthen our Freestyle community
- * Modified format allows athletes to ski more, develop foundational skills, and have fun
- * Opportunity for host, clubs & resorts to gain event experience before hosting a provincial tour
- * Opportunity to train, judges, and officials, and provide hands-on experience
- * Opportunity for host resort to gain experience w/ facilities before hosting a provincial tour

Athlete Profile

- * U8 to U16 (7-15 years old) Sport for Life LTAD
- * Fundamentals to Freestylerz
- * Learn to Train
- * Learn to Train phase is characterized by accelerated dev of coordination & fine motor skills
- * New athletes of all ages

- * Athletes compete in their respective age categories, for example, U8, U10, U12, U14, U16
- * No specialization at this stage. Recreational.

Provincial Competitions

Purpose

- * Provide meaningful competitive experience to mid-level athletes training for competitions
- * Expose athletes to higher-level competition and enhanced venues
- * Introduce athletes to standardized judging formats
- * Opportunity to train higher-level judges, and officials
- * Opportunity for resorts and clubs to gain experience, hosting higher-level events
- * Provincial ranking for athletes to qualify them for junior nationals, and other national-level events (IE. Canada Cup)

Athlete Profile

- * U12 to U20 (10-19 years old) Sport for Life LTAD
- * Freestylers and Competitive Team. Train to Train
- * Prior experience in a club competition setting
- * Athletes compete in their respective age categories, for example, U12, U14, U16, and U18
- * The athlete has shown physical competency and mental readiness for the next level
- * The athlete has a desire to qualify for junior nationals and other national-level events
- * Top level likely specializing at this point